

Problem 1—Work

 A 105 g hockey puck is sliding across the ice. A player exerts a 4.50 N force over a distance of 0.150 m. How much work does the player do on the puck? (0.675 J)



Problem 2—Work

Objectives



A sailor pulls a boat a distance of 30.0 m along a dock using a rope that makes a 25° with the horizontal. How much work does the sailor do if he exerts a force of 255 N? (6930 J)

10

12

Power

→ Power = $\frac{Work}{time}$ → Measured in watts (W) → 1 W = 1 J/s

Problem 3—Power

- A motor lifts an elevator 9.0 m in 15 s by exerting a force of 12 000 N. What is the power? (7200 W)
 - What is the power in kW? (7.2 kW)





Power activity

- Walk quickly and safely up a flight of stairs
- Measure time
- Weight: 1 lb = 4.45 N
- Determine power used in watts and horsepower: 1 hp = 746 W

Kinetic Energy

- Energy = ability to do work
- Kinetic energy = movement

$$KE = \frac{1}{2}mv^2$$

11

13

Measured in J





Problem 4—Kinetic energy

- A 1600 kg car travels at a speed of 41 km/hr.
 - Convert 40 km/hr to m/s (11 m/s)
 - \circ Calculate the KE of the car (97 000 J)

Work-Energy Theorem

$$KE = \frac{1}{2}mv^2$$

- $\mathbf{W} = \mathbf{F}\mathbf{d}$
- When work is done, kinetic energy changes

$$\mathbf{W} = \Delta \mathbf{K} \mathbf{E}$$

 $W = KE_f - KE_i$





16

18

20

Problem 5—Work-energy

- A 1470 kg car is traveling at 25 m/s. The brakes are applied and the car slides to a stop. The braking force is 7100 N.
 - How much work is done? (460 000 J)
 - How far will it take to stop the car? (65 m)



Potential Energy

- Gravitational PE
- Stored energy due to gravitational force
- $PE_{gravity} = mgh$



Problem 6—PE

A 55 kg diver climbs to the top of the springboard 3 m above the pool. What is her gravitational potential energy? (1600 J)

Potential Energy

- Elastic PE
- Stored energy in a pulled string, spring, pole vaulting, etc
- $PE_{elastic} = \frac{1}{2}kx^2$
- x = distance compressed



17

19

Problem 7—PE

 When the diver jumps on the board, the board lowers by 0.80 m. If the springboard k = 833 N/m, what is the elastic PE provided by the board? (270 J)

Conservation of Energy

- Total energy = sum of all energies
- Mechanical energy: sum of KE and PE
- $\bullet E = KE + PE$
- $\mathbf{F} \mathsf{KE}_{\mathsf{before}} + \mathsf{PE}_{\mathsf{before}} = \mathsf{KE}_{\mathsf{after}} + \mathsf{PE}_{\mathsf{after}}$







Problem 8—Calculate PE and KE for each position on the ski slope



Problem 8—Calculate PE and KE for each position on the ski slope







Problem 9—Calculate velocity at h = 10m and h = 0 m



Problem 10-Diver (again)

For the springboard diver in problems 6 and 7, determine the velocity at which she enters the water ($v_f = 8.3$ m/s)



26

3/25/2018

Problem 10-Diver (again)

 For the springboard diver in problems
6 and 7, determine the velocity at which she enters the water

27

- Max height = 3.5 m
- Max PE = 1900 J
- $v_{f} = 8.3 \text{ m/s}$

